



Hubmen Football Family,

**\*New information is highlighted in yellow if you were in attendance at the first camp.**

We hope all is well during these different times. We are reaching out today about the upcoming camp on **August 3rd - 7th from 7:45 am to 12:00 am**. We are looking forward to our second practice (first practice for the 8th grad) and working towards preparing for the 2020 Football Season. With our current situation we have to follow the protocol that is outlined in this letter. With the volume of athletes that participate in football it is essential that these guidelines are followed to ensure we are meeting the requirements set forth by the MN Department of Health. It is exciting to get back to football activities but this first camp will go a long way in determining how we will handle future camps and the season. It is vital that we can do things correctly to show that we are able to play football in a way that follows the guidelines set forth by the state.

### **COVID Waiver**

Each player must bring a signed waiver to the first day of camp if you have not already done so. If a waiver is not brought, you will not be allowed to participate.

### **Mask Usage**

**Each player will be required to wear a mask when in the school building as this is now school district policy. We will be in the school each day for meetings and equipment handout. Please put on your mask before you enter the building.**

### **Camp Outlook**

Our second camp will look very similar to our fall camp schedule. Each day we will have position meetings. These meetings will meet the requirements of social distancing and capacity in place by the state of Minnesota. After meetings we will have a typical practice.

### **Screening Procedure**

- Players will be required to take their own temperature prior to attending practice.
- Any player with a fever 100.4 or above or displaying any other signs of illness will not be allowed to participate in camp.
- Coaching staff has the right to send any player home if they are showing any signs of an illness.



- Error on the side of not attending practice if you do not feel well. This is very important!

## Practice Arrival

- Please come to practice with only the items needed. We will not be using the locker room.
- If possible please keep your equipment in your vehicle as you will have time to get it after meetings. If you are unable to drive you should bring your equipment with you to meetings.
- Each morning please go directly to your meeting room when entering the building. Do not hang out in groups in the hallway. There will be marked seats. Please sit in one of these seats without moving them at all.
- There will be no spectators allowed on school grounds. If players are being dropped off or picked up please come at that designated time.
- Upon arrival, players will use hand sanitizer. Hand sanitizer will be provided by coaches.
- When at the field Player essential items and water bottles, each player must provide their own water bottle, and will be placed on the track surface (Each position group will have a designated area). Players will keep their individual items 6 feet apart.
- When in the school please keep all of your belongings with you.
- Players should use the restroom prior to arriving to practice but if you do need to use the restroom, please use the portapotty on the outside of the stadium.
- If you need to use the restroom when in the school building please use the restroom near the gym.

## First Day of Camp

7:45 am - 12th Grade Helmet Handout

8:00 am - 11th Grade Helmet Handout (12th Grade Meeting in the Auditorium)

8:15 am - 10th Grade Helmet Handout (11th Grade Meeting in the Auditorium)

8:30 am - 9th Grade Helmet Handout (10th Grade Meeting in the Auditorium)

8:45 am - 8th Grade Helmet Handout (9th Grade Meeting in the Auditorium)

9:00 am - 10th-12th: Offensive Meetings 8th and 9th Defensive Meetings

9:25 am - 10th - 12th: Offensive Meetings 8th and 9th Offensive Meetings

10:00 am - Practice

## Days 2 - 5



Meetings Start at 7:45. Please go straight to your meeting room. This will be your room every day. The coaches will change rooms the players will not. The only players that should change rooms is if you are in a different position group.

Auditorium: 10th - 12th Wide Receivers/Quarterbacks

The Soc: 10th - 12th Offensive Line

S511: 10th - 12th Varsity Running Backs

N108: 8th - 9th Defensive Line

S513: 8th - 9th Linebackers

The Hudl: 8th - 9th Secondary

### Practice

- Please follow the following guidelines and any additional rules your position coach may have in place.
  - Please stay six feet away from one another when not participating in a drill or activity.
  - No horseplay or physical contact of any kind.
  - Please do not spit on the turf field.
  - Please do not touch your face with your hands.
  - No sharing of water bottles

### Overall Protocol

- It is highly recommended that each player wear gloves at all times during practice. It is recommended that players sanitize their gloves before and after practices.
- Composite Footballs were purchased which allows for easier cleaning of the surface without wrecking the football.
- Footballs will be sanitized at the end of each period.
- Footballs will only be used in essential drills.
- Each position group will have a designated set of footballs that they use. Footballs will not be shared between groups. There will also be designated footballs for 7 on 7 and team activities.
- Coaches will limit the use of footballs as much as possible.
- Equipment will be sanitized at that end of each practice.
- Cones will be used as designated player areas as much as possible.

Thank you for following these protocols and we look forward to getting back to WORK in preparation for the 2020 football season.



Hubmen Football Staff