



500 Sunset Drive  
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952-492-6200 main | 952-492-4445 fax

**DISTRICT NURSE**  
jordannurse@isd717.org

## SEVERE ALLERGY/ANAPHYLAXIS EMERGENCY CARE PLAN

Dear Parent(s) Guardians of: \_\_\_\_\_

According to our recent records you have indicated that your child has the following allergy:

- \_\_\_\_\_ Peanuts  
\_\_\_\_\_ Tree Nuts  
\_\_\_\_\_ Bee Stings  
\_\_\_\_\_ Insects  
\_\_\_\_\_ Other (please list): \_\_\_\_\_

Please fill out the **Allergy Questionnaire** to help understand the nature of your child's allergy and to help better care for your child while he/she is in school. Your child's physician must fill out and sign the **Severe Allergy/Anaphylaxis Emergency Care Plan**. Please return the Allergy Questionnaire and the Severe Allergy/Anaphylaxis Emergency Care Plan before the start of school.

All medication brought to school must be in its **original packaging, unexpired and with its original label** from the pharmacy. Any medication that is expired or without a label will be sent home.

**The forms on the following pages must be completed and signed before the start of school.**

Please return the enclosed forms as soon as possible either by mailing, faxing or in person at the following school so that we may best care for your child should the need arise:

- |                                       |  |
|---------------------------------------|--|
| _____ <b>Jordan Elementary School</b> | Address: 815 Sunset Drive, Jordan, MN 55352<br>Fax: 952-492-4446 |
| _____ <b>Jordan Middle School</b>     | Address: 500 Sunset Drive, Jordan, MN 55352<br>Fax: 952-492-4450 |
| _____ <b>Jordan High School</b>       | Address: 600 Sunset Drive, Jordan, MN 55352<br>Fax: 952-492-4425 |

Thank you and please call or email us if you have any questions or concerns.

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District Nurse - JHS  
952-492-4410  
[jordannurse@isd717.org](mailto:jordannurse@isd717.org)  
Fax: 952-492-4425

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Jordan Middle School  
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Jordan Elementary School  
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## OUR MISSION

Inspire a caring community to ignite  
learning, innovation, and success for all!



**Severe Allergy/Anaphylaxis Emergency Care Plan - Independent School District 717**

Student Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Grade: \_\_\_\_\_

Child has an allergy to \_\_\_\_\_

**Severe Allergy and Anaphylaxis**

**ANY** of these symptoms, **give Epinephrine**

- Shortness of breath, wheezing or coughing
- Weak pulse
- Fainting or dizziness
- Tight or hoarse throat
- Trouble breathing or swallowing
- Swelling of lips or tongue
- Severe vomiting or diarrhea
- Many hives or redness over body
- Feeling of "doom" or confusion
- Altered consciousness or agitation

☐ **Special situation:** If this box is checked, the child has an extremely severe allergy. Even if child has MILD symptoms, **give Epinephrine**

1. Inject Epinephrine **ASAP** and note what time it was given
2. Call **911**
3. Stay with the child and call parents
4. Give a second dose of Epinephrine, if symptoms worsen or do not improve in 5 minutes and note the time
5. Give other medications, if prescribed. Do not use other medicine in place of Epinephrine

**Mild Allergic Reaction**

Any **one** mild symptoms, **monitor child**

- Itchy nose, sneezing, itchy mouth
- A few hives
- Mild nausea or stomach discomfort

1. Stay with child and monitor closely
2. Give antihistamine (if ordered)
3. Call parents
4. If more than 1 symptom or severe symptoms develop, **give Epinephrine** (see above)

**Epinephrine Order**

Medication: \_\_\_\_\_ Dose: \_\_\_\_\_ Intramuscularly

**Student was trained to self-administer and may self-carry epinephrine:** ☐ Yes ☐ No

**Antihistamine Order**

Medication Name: \_\_\_\_\_ Dose: \_\_\_\_\_ Route: \_\_\_\_\_ Frequency \_\_\_\_\_

Other: \_\_\_\_\_

**Physician Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

Physician Name \_\_\_\_\_ Phone: \_\_\_\_\_ Fax \_\_\_\_\_

I want this plan implemented for my child while in school. I give permission for exchange of confidential medical information between school staff and my child's health care providers on a need to know basis. I release school personnel from liability in the event adverse reactions result from implementation of the above emergency plan and subsequent administration of emergency medication(s). I give permission for school staff to call 911 if necessary.

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

School Nurse Signature: \_\_\_\_\_ **Date:** \_\_\_\_\_



## Allergy Questionnaire - Independent School District 717

Student Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
 Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

### Allergy History

1. Please list all allergens: \_\_\_\_\_
2. When was your child diagnosed with anaphylaxis? \_\_\_\_\_
3. How often has your child been treated for a minor reaction? \_\_\_\_\_
4. How often has your child been treated for a major reaction? \_\_\_\_\_
5. Please describe the specific symptoms your child experiences during an allergic reaction:  
 \_\_\_\_\_
6. Does your child recognize the symptoms of an allergic reaction? ☐ Yes ☐ No
7. Does your child have asthma? ☐ Yes ☐ No
8. What medications will your child have at school for allergies?  
☐ Epinephrine ☐ Antihistamine (Benadryl) ☐  
 Other \_\_\_\_\_
- Emergency medication location(s):** ☐ Nurse's office ☐ With Student ☐ With Teacher  
☐ Kids Company ☐ Other \_\_\_\_\_
9. Is your child able to identify what allergen(s) cause an allergic reaction? ☐ Yes ☐ No
10. Please indicate below any modifications requested for your child while in school: (check all that apply):

PEANUT/TREE NUT ALLERGY	BEE STING ALLERGY
<b>In the classroom:</b> <input type="checkbox"/> <b>ALL</b> snacks will be provided by parent <input type="checkbox"/> Student will chose snacks from snack cart <input type="checkbox"/> A letter will be sent to classmates' parents requesting they do not send birthday treats with known allergens <input type="checkbox"/> A letter will be sent to classmates' parents asking they avoid sending foods with known allergens in <i>their child's</i> daily snacks <input type="checkbox"/> Teacher will review lesson plans and projects and modify as needed to protect student <input type="checkbox"/> NO ACCOMMODATIONS NEEDED <b>In the cafeteria:</b> <input type="checkbox"/> Child will sit at the peanut-safe table <input type="checkbox"/> NO ACCOMMODATIONS NEEDED <b>On the bus:</b> <input type="checkbox"/> Child will sit in the first two rows <input type="checkbox"/> Parent will introduce student to driver and show driver where EpiPen is located <input type="checkbox"/> NO ACCOMMODATIONS NEEDED	<b>Recess:</b> <input type="checkbox"/> EpiPen will be kept with recess staff during recess <input type="checkbox"/> Child will be introduced to recess staff by nurse <input type="checkbox"/> NO ACCOMMODATIONS NEEDED <b>Outdoor Phy-ed:</b> <input type="checkbox"/> Student will be responsible for getting EpiPen from nurse's office before outdoor phy-ed <input type="checkbox"/> Student needs a reminder to get EpiPen before outside phy-ed <input type="checkbox"/> NO ACCOMMODATIONS NEEDED <b>Bag Lunch:</b> <i>(On "Bag Lunch" days students eat outside. Students with allergies to bee stings eat indoors, unless otherwise indicated below, due to the increased risk of bee exposure with the presence of food and drink)</i> <input type="checkbox"/> Student will eat <b>indoors</b> on bag lunch days <input type="checkbox"/> Student may eat <b>outdoors</b> on bag lunch days

A copy of this will be kept in the substitute folders and will be distributed to all staff involved with your child.

Parent Name \_\_\_\_\_ (h) \_\_\_\_\_ (w) \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

School Nurse \_\_\_\_\_ Date \_\_\_\_\_