STEVEN JENSEN



Director of Community Education and Recreation sjensen@isd717.org

Jordan Community Education and Recreation 500 Sunset Drive, Suite #3 Jordan, Minnesota 55352 952-492-6211 main | 952-492-4494 fax

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CERC Members,

Happy New Year!! and thank you all for your understanding as we adapt to the changes. We have a few updates to share with you and also, a reminder of the current procedures within our building. We understand these updates may not be convenient for everyone, but I can assure you we are doing everything we can to follow guidance and maintain all safety measures.

The health and safety of our members and staff has been our number one priority from the start. We appreciate everyone following the procedures, and we ask for your cooperation and assistance in the implementation to ensure we can keep this great facility open. If you see someone not following the rules of the building please remind them or let a staff member know so we can correct them. Again, we can only keep this facility open with your cooperation.

Under the <u>Governor's Executive Order 20-103</u>, Occupancy of any indoor space and the entire facility must not exceed 25 percent of the normal occupant capacity as determined by the fire marshal, not to exceed 100 people in the entire facility.

Everyone in the CERC must wear a face covering at all times and maintain appropriate social distancing of 12 feet apart at all times. No exception. This includes all areas of the building including any common areas, fitness room, cardio area, track, and gyms. This means you must wear a face covering when operating any piece of equipment.

Gym Use:

The gym can be a great use for exercise. Under the <u>Executive Order 20-103</u>, fitness centers can only be open for individual exercise. However, Youth and Adult sports can resume practice as of January 4. Therefore we will allow individuals to use the gym as needed as long as they can remain 9 feet apart at all times. **No games can be played**, **this is for practice use only.** A face covering must be worn at all times. If the rules are not followed we will remove the option to use the gym, so be considerate of all members and follow the rules.

Fitness Room Use:

We have a limited capacity in the fitness room due to the size and the amount of equipment in the room. We will only allow 12 people to be in the fitness room at a time, on a first come first serve basis. To gain access please check in at the front desk where you will receive a card labeled with a number 1-12, and our staff will let you in. Please return the card before you leave. This will help us monitor the number of people in the space at a given time. We are also asking members to exercise individually and maintain appropriate social distancing of 12 feet apart at all times. If an exercise requires the use of a spotter, please make sure you work quickly and safely, and only use if absolutely necessary. Please wipe down all equipment before and after use. A face covering is required when using our weight equipment.

Cardio Use:

We have moved the Cardio equipment to the Gym 2, this allows us the ability to use our facility more efficiently. We will now have access for the batting cages to be used this winter. The same rules will apply to the cardio area. Please wipe down all equipment before and after use. We are now requiring everyone to have a face covering on at all times, even when using our cardio equipment.

We thank you all so much for your patience and flexibility as we continue to navigate this pandemic. Without all of your support and cooperation, we would not be open. Please make sure you follow all the new guidance and please stay safe.

Thank you,

Your CFRC Staff